

COUNTY OF SACRAMENTO
DEPARTMENT OF HEALTH AND HUMAN
SERVICES

DIVISION OF BEHAVIORAL
HEALTH SERVICES



Child
and
Family

Integrated
System
of
Care

*Caring for Every Individual
Child and Their Personal
Well-Being*

WHAT IS A CHILD AND FAMILY INTEGRATED SYSTEM OF CARE?

The Child and Family Integrated System of Care is a part of Sacramento County's Division of Behavioral Health Services within the Department of Health and Human Services.

A System of Care coordinates services for children and their families in partnership with other child serving agencies with whom the family is involved.

The system of care provides a full array of culturally competent and linguistically proficient mental health services, including prevention and early intervention services, outpatient services, case management, crisis intervention and stabilization services, and inpatient psychiatric hospitalization.

THE SACRAMENTO COUNTY CHILD AND FAMILY INTEGRATED SYSTEM OF CARE IS BASED UPON THESE PRINCIPLES:

- Community Collaboration
- Cultural Competence
- Youth and family driven system of care for children and youth
- Wellness, Recovery, and Resilience
- Integrated service experiences for children, youth, and families

OUR COMMITMENT

We are committed to providing mental health services and support to children, youth, and their families in order to succeed in school, live safely at home, lead happy, healthy lives, and avoid involvement with the Child Welfare and Juvenile Justice System.

WHERE DO I TAKE A CHILD OR YOUTH DURING A PSYCHIATRIC EMERGENCY?

The **Intake Stabilization Unit** provides crisis stabilization services for children and youth under 18 years of age. Clinical staff provide mental health assessments to determine if an involuntary psychiatric hospitalization is necessary. Please see hours below:

INTAKE STABILIZATION UNIT

SACRAMENTO COUNTY
MENTAL HEALTH TREATMENT CENTER
2150 STOCKTON BOULEVARD
SACRAMENTO, CA 95817

DAILY: 10:00 A.M. TO 7:00 P.M.

(916) 875-1114

CALIFORNIA RELAY SERVICE:

711

IF ASSISTANCE IS NEEDED OUTSIDE ISU BUSINESS HOURS, THE CHILD MAY BE TAKEN TO THE NEAREST EMERGENCY ROOM.

**HOW CAN A CHILD OR YOUTH ACQUIRE
MENTAL HEALTH SERVICES?**

Call our **Sacramento County Mental Health Access Team**, which is the entry point for planned children's mental health services.

The team screens and links Sacramento County children and youth, birth to 20 years of age, to the appropriate mental health services. Bilingual staff and/or interpreters are available at no cost. The team also provides information and referral services to other community resources.

**SACRAMENTO COUNTY MENTAL HEALTH
ACCESS TEAM**

MONDAY-FRIDAY

8:00 A.M. TO 5:00 P.M.

TOLL FREE

(888) 881-4881

WITHIN SACRAMENTO COUNTY

(916) 875-1055

TTY/TDD LINE

(916) 876-8892

FAX

(916) 875-9970



ARE THERE MENTAL HEALTH SERVICES FOR INFANTS AND TODDLERS?

Yes, we provide services to enhance the social and emotional well-being of infants and pre-school children, ages birth to 5, with issues related to behavior, trauma, and attachment.

We also provide mental health consultation to daycare providers to stabilize children in day care settings.

WHERE ARE SERVICES DELIVERED?

- Services are provided in the community, at school, and in the home.



WHAT IF A YOUTH HAS A SUBSTANCE ABUSE ISSUE AS WELL AS MENTAL HEALTH ISSUES?

We offer integrated mental health and substance abuse treatment services for individuals with co-occurring disorders.

WHAT IF A CHILD OR YOUTH IS PART OF THE CHILDREN'S PROTECTIVE SERVICES (CPS) SYSTEM?

- Mental health outpatient services to CPS clients are provided through a broad array of community providers.
- Intensive mental health services to CPS clients include Intensive Care Coordination and Intensive Home Based Services
- Early Intervention services are available to CPS dependents ages birth to 5 years of age.
- Mental health consultation and support services are provided to Child Welfare social workers.

HOW DOES CHILDREN'S MENTAL HEALTH COLLABORATE WITH COUNTY PROBATION?

Mental health providers throughout the Sacramento region partner with Probation to address the mental health needs of youth and their families in our community. A broad continuum of services is available to help youth and families achieve successful outcomes.

The Sacramento County Juvenile Justice Institution Mental Health Team provides crisis triage and psychiatric services, including medication support at the Youth Detention Facility.

CAN SOMEONE HELP US NAVIGATE THROUGH THE SYSTEM OF CARE?

- Yes. The SAFE (Sacramento Advocacy for Family Empowerment) Program is designed and staffed to provide support, education, empowerment, and advocacy to children, youth, and their families receiving children's mental health services.
- Parent Partners and Youth Advocates are integrated into children's mental health planning, management, and service delivery.
- The SAFE Program is staffed by bilingual parents and youth.

To contact a Family Partner or Youth Peer Mentor, call the SAFE Program:

MONDAY-FRIDAY

8:00 A.M. TO 5:00 P.M.

(916) 875-4182

CALIFORNIA RELAY SERVICE:

711



Child and Family Integrated System of Care

To receive additional information on child and family mental health services please contact:

CENTRAL ADMINISTRATION
7001A EAST PARKWAY, SUITE 300
SACRAMENTO, CA 95823
PHONE: 916-875-7070
CALIFORNIA RELAY SERVICE: 711
FAX: 916-875-9775

[HTTP://WWW.DHHS.SACCOUNTY.NET/BHS/PAGES/MENTAL-HEALTH-SERVICES.ASPX](http://www.dhhs.saccounty.net/BHS/PAGES/MENTAL-HEALTH-SERVICES.ASPX)



Department of Health and Human Services (DHHS)
Division of Behavioral Health Services
Mental Health Services

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Sherri Z. Heller, Ed. D, - Director DHHS

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Division of Behavioral Health Services

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