

# County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure

Policy Issuer (Unit/Program)	BHS-CMH-YDF
Policy Number	07-06
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Title: Personal Medication Supply Functional Area: Psychotropic Medication
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Approved By:

Matthew Quinley, LCSW Christopher Eldridge, LMFT Health Program Manager Mental Health Program Coordinator

# **Background/Context:**

Title 15, Section 1438 requires the Youth Detention Facility (YDF) health administrator in consultation with a pharmacist and in cooperiation with the facility administrator to develop and implement written policies and procedures, and provide space and accessories for the secure storage, controlled administration, and disposal of all legally obtained drugs.

Title 15, Section 1439 requires the YDF health administrator or responsible physician, in cooperation with the mental health director and the facility administrator, to develop and implement written policies and procedures governing the use of voluntary and involuntary psychotropic medications.

### **Definitions:**

Psychotropic medication: those drugs that are used to treat psychiatric symptoms. Drugs used to reduce the toxic side-effects of psychotropic medications are not included.

# Purpose:

The objective of this policy and procedure is to establish the protocol by which Juvenile Justice Institutions Mental Health Team (JJIMHT) physician(s) utilize to govern the use of a youth's psychotropic medication(s) when provided to Juvenile Correctional Health Services by an arresting entity, legally authorized person or entity.

### Details:

- 1. General Provisions
  - A. Prescribed medication may be provided by an arresting entity, youth's legal guardian or residentially based placing entity during the intake process to the YDF.
  - B. Nursing staff takes possession of the medication and are responsible for documenting the intake date, youth's name, name of the medication(s), number of tablets/capsules and ensuring the medication is stored according to all applicable laws and regulations.

- C. The JJIMHT program psychiatrist or Juvenile Correctional Health Services physician shall review and approve any use of medication supplied to the YDF from outside entities prior to use.
- D. In some circumstances, it may be necessary for medical staff to request that a youth's medication be brought in for use within the YDF. For example, the on-site pharmacy does not have an unusual medication and is unable to obtain the medication from a community pharmacy without interruption in treatment.
- 2. Return of Medication Upon Release
  - A. When the youth is released from the YDF, nursing staff conducting the release will obtain the medication and provide the container(s) to the responsible party accepting custody of the youth.
  - B. Nursing staff will document the medication(s) have been returned to the responsible party, the documentation will include the name of the medication(s) and the number of tablets/capsules.
- 3. Unreturned or Discontinued Medication
  - A. If a youth's medication supplied by another entity is not returned upon release, nursing staff will attempt to contact the youth's legally responsible party and request he/she collect the medication(s).
  - B. After 30 days, nursing staff will attempt once more to contact the legally responsible party. Any medication(s) not collected will be destroyed by the on-site pharmacy.
  - C. If a youth's medication supplied by another entity is discontinued or otherwise changed during the course of confinement, the remaining medication(s) will be destroyed by the on-site pharmacy.
  - D. Destruction of medication shall comply with all current laws and regulations governing the destruction of the specific medication.

## Reference(s)/Attachment(s):

Sacramento County Primary Health Division, Juvenile Correctional Health Services Policy 1438d-Private Medications Brought Into YDF

#### Related Policies:

BHS-CMH-YDF-07-01-Psychotropic Medication Guidelines

BHS-CMH-YDF-07-03-Emergency Administration of Psychotropic Medication

BHS-CMH-YDF-07-04-Physician's Orders

BHS-CMH-YDF-07-05-Pharmaceutical Management

#### **Contact Information:**

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