SACRAMENTO COUNTY



PROBATION DEPARTMENT

YOUTH DETENTION FACILITY OPERATIONS ORDER

Medical Diets Title XV 1462

Purpose and Scope

Only the attending physician shall prescribe a medical diet and determine if a youth requires additional calories. The medical diets utilized by the Youth Detention Facility shall be planned, prepared, and served with the consultation of a registered dietician. The facility manager shall comply with any medical diet prescribed for a youth. Diet orders shall be maintained on file for at least one year.

The facility manager and responsible physician shall ensure that the medical diet manual, with sample menus for medical diets, shall be available in both the medical unit and the food service office for reference and information. A registered dietician shall review, and the responsible physician shall approve the diet manual on an annual basis.

Affected Personnel

All Sworn Staff - YDF

Authority

Administrative Directive

Effective Date

September 10, 2019

I. Guidelines

A. Special Diet

- 1. Nutritional Requirements
 - Clinic will supply the kitchen with a manual listing guidelines for each category of special diet.
 - b. Line cook will use the manual to prepare diet meals.
- 2. Identification of Residents on special diets

Effective:

Approved by: Dave Semon

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09/10/2019

Authority:

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- a. Clinic will provide diet list name, housing unit, and dietary restrictions - to the Duty Supervisor and booking staff by 2:00 a.m.
- b. Morning Food Service Worker will pick up list from booking upon arrival for shift.

Replaces Previous Order

Minimum and Medical Diets Policy Title XV 1461-1462