

 <p style="text-align: center;">County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure</p>	Policy Issuer (Unit/Program)	BHS-CMH-YDF
	Policy Number	02-05
	Effective Date	10/2009
	Revision Date	07/2017
Title: Use of Seclusion and Restraint		Functional Area: Youths' Rights
Approved By:		
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Background/Context:

Title 15, Section 1359 requires the Youth Detention Facility (YDF) facility administrator, and where applicable, in cooperation with the responsible physician, to develop and implement written policies and procedures governing the use of safety rooms, as described in Title 14, Part 2, Section 1230.1.13. The room shall be used to hold only those youth who present an immediate danger to themselves or others, who exhibit behavior which results in the destruction of property, or reveals the intent to cause self-inflicted harm. A safety room and/or restraint shall not be used for punishment.

Purpose:

The objective of this policy and procedure is to describe the role of Juvenile Justice Institutions Mental Health Team (JJIMHT) clinicians shall perform when a youth is placed in one of the safety rooms and/or restraints.

Details:

1. When a youth is placed in the safety room and/or restraints for purposes other than transportation outside of the facility, the Supervising Probation Officer (SPO) or designee will contact the JJIMHT.
2. Per Probation policy and procedure "Use of Restraints-Title XV Section 1358," a youth shall be referred to mental health services when the youth remained in restraints for fifteen minutes or more.
 - a. A mental health consultation to assess the need for mental health treatment is secured as soon as possible; however, in no case will the mental health consultation occur longer than four hours from the time the youth was placed in restraints.
 - b. In the event the use of restraints occurs outside of the regular mental health staffing hours, mental health staff shall assess the youth on the next scheduled shift.
 - c. During hours when mental health staff is readily available, a mental health consultation with the youth being restrained may be requested every fifteen minutes. The clinician will report the mental health status of the youth to probation

- for documentation on the Safety Room/Precautionary Watch Log and generate a progress note in the youth's electronic mental health record.
- d. Whenever a youth remains in restraints for four hours or more, mental health staff shall give consideration to the appropriateness of placing the youth on a W&I Code 5150 application for a hold. If mental health staff is not available, the SPO shall give consideration to the appropriateness of placing the youth on an application for a hold.
 - e. If, at any time during the restraint process, the youth requests medical or mental health intervention, probation staff will in turn seek such assistance from medical and/or mental health staff.
3. Per Probation policy "Safety Room Procedures-Title XV Section 1359," any time a youth is placed into a safety room, the SPO shall contact the medical clinic and mental health (during scheduled hours) to complete an assessment on the youth. The medical and mental health assessments shall be completed when safe to do so and no longer than one hour after the youth has been placed in the safety room.
- a. The mental health assessments shall be documented on the Safety Room/Precautionary Watch Log with the actual time recorded.
 - b. A mental health referral will be made and an opinion shall be secured within 24 hours on any youth confined in the safety room regardless of the length of confinement in the safety room. The mental health referral shall be documented on the Safety Room/Precautionary Watch Log.
 - c. When restraints are removed from a youth, mental health and medical clinic staff shall be notified. The clinic must medically clear the youth when restraints are removed.
 - d. If the youth is assessed and a change in status to S-3 High is made, the clinician making the assessment will sign the Safety Room/Precautionary Watch Log on the line titled "MH Counselor Authorization for S-3 High."
 - i. If the youth is assessed and a change to S-3 High status is not warranted, the clinician may be asked to sign the Safety Room/Precautionary Watch Log. The clinician will line-out and initial the "MH Counselor Authorization for S-3 High" and sign on the line.
 - e. All Safety Room/Precautionary Watch Logs related to the use of a Safety Room will be reviewed by the facility administrators, mental health and medical services at the Program Planning Meeting generally held twice per month.

Reference(s)/Attachments:

Sacramento County Probation Department Policy and Procedure, "Use of Force-Title XV Section 1357."

Sacramento County Probation Department Policy and Procedure, "Use of Restraints-Title XV Section 1358."

Sacramento County Probation Department Policy and Procedure, "Safety Room Procedures-Title XV Section 1359

Related Policies:

BHS-CMH-YDF-02-01-Basic Rights of Detained Youth

BHS-CMH-YDF-02-06-Grievance Procedure

BHS-CMH-YDF-04-04-W&I 5150 Designation Policy

BHS-CMH-YDF-04-05-5150 Application

BHS-CMH-YDF-06-01-Mental Health Services Protocol

BHS-CMH-YDF-06-03-Suicide Risk Classification

BHS-CMH-YDF-06-04-Emotionally Disturbed Youth

BHS-CMH-YDF-06-05-Psychiatric Referrals

BHS-CMH-YDF-06-06-Psychiatric Hospitalization

BHS-CMH-YDF-06-09-Response and Recommendations to Probation

BHS-CMH-YDF-07-03-Emergency Administration of Psychotropic Medication

BHS-CMH-YDF-08-04-Documentation Guidelines

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